

MEGAN LAWLESS RD, LD

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EDUCATION

Bachelors in Nutrition and Dietetics

Arizona State University

[Tempe, Arizona]

- Graduated Summa Cum Laude

PRACTICUM

Baptist Health System Dietetic Internship

August 2010-May 2011

- A 10 month, clinically focused internship.
- Adult clinical experience, including staff relief.
- Neonatal and pediatrics, school foodservice, and WIC
- Outpatient bariatrics, infectious disease, and long term care.
- Designed and coordinated employee wellness activities and a health fair for National Nutrition Month.

Maricopa County Department of Public Health- Office of Nutrition Services

Spring 2010

- Created a comprehensive nutrition education resource booklet, with a focus on bulletin board instruction, to address the local wellness policy needs of Maricopa County Schools.
- Promoted topics such as hand hygiene and healthy snack choices at school health fairs.

RELEVANT EXPERIENCE

Clinical Dietitian (PRN)

Kindred Hospital

[San Antonio, Texas]

June 2011-Present

- Develop care plans based on diet history, food preferences, and other pertinent information.
- Provide specialized nutrition support recommendations for enteral and parenteral nutrition.
- Participate with the interdisciplinary team in evaluating plans of care.
- Educate patients and families on therapeutic diets.
- Quality assurance including sanitation and tray line accuracy inspections.

Outpatient nutrition counseling-Volunteer assistant/student

Cigna Medical Group

[Mesa, Arizona]

November 2009-February 2010

- Prepared educational materials for diabetic patients.
- Assessed weight loss program participants using anthropometric measurements.
- Shadowed a dietitian during individual counseling appointments

Chair of Foods Committee

Students Act Now for Sustainability Club

[Mesa, Arizona]

December 2008-May 2010

- Launched Aramarks's Green Plate initiative on the Polytechnic campus.
- Helped establish the University's first community garden.
- Volunteered at the inaugural Earth Day "Feastival" 2009.

Director of Marketing

Students Act Now for Sustainability Club

[Mesa, Arizona]

December 2008-May 2010

- Coordinated a change drive for Haiti.
- Prepared promotional materials for club events.

Hunger in America Study-Surveyor

United Food Bank and Feeding America

[Mesa, Arizona]

April 2009

- Collected information on the demographics of emergency food clients and the efficacy of the agencies meeting their needs.

House of Refuge afterschool center - Volunteer

Student Nutrition Council

[Mesa, Arizona]

October 2009

- Taught a segment of a nutrition lesson and engaged the children in physical activity.

OTHER WORK HISTORY

Nanny/ Childcare provider

Self employed, various families

[Gilbert, Arizona]

August 2005- July 2010

- Guided the children in meeting their developmental benchmarks.
- Assisted in bathing and feeding.
- Spoke Spanish daily, working with a bilingual clientele.

Café Supervisor

Lifetime Fitness

[Gilbert, Arizona]

October 2003- Spring 2005

- Supervised 5 employees per shift at a café specializing in nutritious meals and health supplements.
- Duties included food prep, cashier work, enforcing sanitation guidelines and employee conduct.

HONORS AND ORGANIZATIONS

The Outstanding Dietetic Student of the year

April 2010

- Awarded by the Arizona Dietetic Association

Outstanding Scholar Award- College of Nursing and Health Innovation

May 2010

- Awarded by Arizona State University

Participant in Women in Science Technology Engineering and Mathematics (STEM) research project

Spring 2008

- Selected from a group of my peers in STEM majors, based on merit, to be a part of a research and discussion group at a lecture and banquet.
- The research, on the barriers women in STEM face, was funded by the National Science Foundation

American Society for Parenteral and Enteral Nutrition

August 2011-Present

American Dietetic Association

Spring 2008- Present

San Antonio Dietetic Association

August 2010-Present

- Volunteered at a community health fair, taking body fat measurements and promoting good nutrition.